

# ALL THE YOGA!

## • Current Unlimited Pricing •

### • Date Specific •

### One Month

anytime \$160 (hst incl.)

### Current Schedule

Jan 6 - Feb 28 \$230 + hst

### 1/4 Year

Jan 6 - Mar 31 \$335 + hst

### 1/2 Year

Jan 6 - Mar 31 \$625+hst

These passes are date specific.

For example, a Current Schedule pass purchased on Jan 11 will still expire on Feb 28. Unlimited passes are inclusive of all regular classes, and PWYC classes. Bloom reserves the right to cancel classes due to instructor illness, inclement weather, unforeseen circumstance. etc.

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   | SUNDAY  |
|--|---|---|---|---|--|---|
|  |   | PRE-REGISTER Classes! Indicates we require a minimum of 6 students registered by 10pm the night before for these classes to run and/or it is a busier class and will max out at 22 students. Do so via our website (live schedule tab)! |   | 6:15 - 7:00am<br><b>Warm Mat Pilates EXPRESS</b><br>PRE-REGISTER<br>Ang   | 8:00 - 9:00am<br><b>Hot Warrior Flow Yoga</b><br>PRE-REGISTER<br>Melissa/Cortney |   |
|  | 9:30 - 10:15am<br><b>Hot Core Flow EXPRESS</b><br>PRE-REGISTER<br>Ang/Lynda                         | 9:30 - 10:30am<br><b>Gentle Movement + Myofascial Release</b><br>Alexandra  | 9:30 - 10:30am<br><b>Warm Mat Pilates</b><br>Ang  | 9:30 - 10:30am<br><b>Balancing Yin - Yang Yoga</b><br>Shared Instructors  | 10:00 - 11:00am<br><b>Anchor to Rise Yoga</b><br>Lynda                           | 9:00 - 10:00am<br><b>Hot Glow Flow Yoga</b><br>Tracy/Lynda<br><i>busy class please register</i> |
| <h2>schedule runs Jan 6 - Feb 28</h2> <p>  please note class cancelations for Family Day  </p> |   |   |   |   |  |   |
| 6:00 - 7:00pm<br><b>Hot Fluid Flow Yoga</b><br>Chelsea R<br>  NOTE No class Feb 17             | 5:30 - 6:30pm<br><b>Hot Mat Pilates</b><br>PRE-REGISTER<br>Ang<br><i>busy class please register</i> | 5:30 - 6:30pm<br><b>Hot Power Vinyasa Yoga</b><br>PJ  | 6:00 - 7:00pm<br><b>Prenatal Yoga</b><br>PRE-REGISTERED 4 WEEK SERIES<br>Jan 23 - Feb 13<br>Melissa | 5:30 - 6:30pm<br><b>Hot Mixtape Flow Yoga</b><br>Chantelle/Melissa  | 3:00 - 4:15pm<br><b>Hot Strength Yoga</b><br>PJ/Chelsea R                        | 4:00 - 4:45pm<br><b>Warm Mat Pilates EXPRESS</b><br>Ang   |
| 8:00 - 9:00pm<br><b>Yin Yoga + Meditation</b><br>Jennie/Chelsea W<br>  NOTE No class Feb 17    | 7:30 - 8:30pm<br><b>Yoga Flow to Slow</b><br>Melissa/Lynda  | 7:30 - 8:30pm<br><b>Mindfulness + Rest Smorgasbord</b><br><b>Pay What You Can</b><br>Shared Instructors   | 7:45 - 8:45pm<br><b>Hot Sticky Flow Yoga</b><br>Chantelle   | <a href="http://www.bloommetta.com">www.bloommetta.com</a><br><a href="mailto:bloommettayoga@gmail.com">bloommettayoga@gmail.com</a><br>505 Alice St. Southampton, ON |  |   |

### ATTENDING ON A DROP-IN BASIS:

|                                      |                       |
|--------------------------------------|-----------------------|
| one drop-in class                    | \$20.00 (\$17.70+hst) |
| sen/student drop-in (under 18   60+) | \$15.00 (\$13.27+hst) |
| express class (45 minutes)           | \$15.00 (\$13.27+hst) |
| no show/late cancel fee              | \$10.00 (cash only)   |

### Additional Yoga Pass Pricing Options Winter 2025

| MULTI-CLASS PASSES:   |                |
|---|----------------|
| expire 3 months from first class attended • non-transferable • non-refundable • non-shareable • no extensions |                |
| 5 class pass  | \$62.00 + hst  |
| 10 class pass   | \$118.00 + hst |
| 10 class pass sen/student (under 18   60+)  | \$105 + hst    |
| 20 class pass   | \$215.00 + hst |
| 10 class pass <b>*6 month expiry*</b>   | \$130.00 + hst |

### MAT UP! Pass Pricing

|   |             |
|---|-------------|
| • 28 day (4 week) expiry passes • shareable with 1 additional person in the same household • no holds • no transfers • no extensions • sold between Jan 6 and Nov 17 2025 |             |
| 8 classes (2/week)  | \$82 + hst  |
| 12 classes (3/week)   | \$110 + hst |
| 16 classes (4/week)   | \$120 + hst |

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